
Where do I find Trans Support or Social Groups

Budding Roses (Johannesburg)

Budding Roses get together once a month on a Sunday, at alternating venues for a social day. The members of the group take turns to host it at their homes, which creates a nice social space for everyone. Partners are welcome.

For more information, please mail Christelle or Raven.Triangle Project (Cape Town)

Triangle Project's Transgender Support group gets together once a month on a Saturday afternoon at 13:15 for about two hours. This group is open to people identifying both MTF and FTM, and is not open to partners. The group has a psychologist who facilitates it, and to find out when the next meeting is scheduled, you can phone Heather on 021 448 3812, you can also e mail Glenn at: health@triangle.org.za – Junction (Cape Town)

T – Junction is a newly formed group, who gets together at least once a month on Friday evenings at 19:00. The group decided to keep a balance between social and more structured meetings. Socials vary, and are decided on by all in the group. The more informative meetings will cover topics such as: hormones, surgery, parents, identification documents and many more. There will also at times, be video screenings of Trans related movies and documentaries. The group is organised by Liesl, founder of Gender Dynamix. For more information, e mail: liesl@genderdynamix.co.za or phone 083 320 7691

Transmen, FTM, questioning.... (From female to male)

Are you pretransition, during transition, post transition or a gender-questioning, female-bodied male-identified individual who needs some support or just a chat.

info@genderdynamix.org.za

Alternatively contact Tebogo at the Gender Dynamix office 021 633 5287