

Where all begun...

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The preparation to gather information about transgenderism, transsexuality, facilitating trans support and in the management of trans organizations, the founder of Gender DynamiX paid a two week visit to various organisations in England in order to expand knowledge. This self- appointed research was undertaken so that I could learn from others. Furthermore, some very good relationships in the trans sector were built. Places that were visited included support groups such as T Time Monthly, the support group in Edinburgh, Scotland at LGBT Health, T Boys, a social group for FTM's in Nottingham and Another Name, the trans group facilitated by MCC North London.

The Science museum in London also held a lot of transgender and gender-related information. A really worthwhile visit was to Foyles Books, which held a huge amount of transgender books.

The most interesting meeting was definitely at Gender Trust, Brighton. Gender Trust helps the Trans employee and the employer, as well as all co-workers, to understand the whole process of transitioning. They advise, train and evaluate the process. They will make recommendations to the employer, and also help to alter company policies so that it becomes more gender friendly.

Taken from the back of their magazine: "We also provide guidance and information for those who may encounter gender issues in the course of their work, including employers, social workers, welfare workers, the media and the medical profession... The Trust has a membership society for those who seek information and befriending. This Self-Help Organization includes Associates who join for information or as helpers. Members receive a quarterly magazine and there is a Confidential Contact System with regional officers as contacts".

Both organisations: Gender Trust and LGBT Health in Scotland were extremely helpful, sharing information and training material and giving assistance on an ongoing basis, which helped a great deal when establishing Gender DynamiX.