

## About Liesl Theron

### Founder of Gender Dynamix

I used to define myself as a lesbian, in the days when I thought, that there is only male and female as one concept, and hetto, homo, bi and asexual. Very faintly in the distance I knew that there was something like transgender, but like most other people I did not give it much thought, and would also haphazardly lump all the words I heard together, in terms of meaning. To my knowledge, there was not a difference in the meaning of the terms, cross-dresser, transsexual, drag queen or she-male. Those, along with some other slang words, were all I knew about. Oh yes, and then I must also declare &ndash; when I heard about drag kings, I thought: &ldquo;Now really, must those dykes try to be so funny?&rdquo; Well this is just taking you all back, to the way I used to think and to be quite honest, I think most people still do.

Okay, I must admit, I still thought this way for a long time - I figured the world consists of people that could easily be placed into well defined boxes, e.g. straight or gay/lesbian and male or female, and I consciously boxed myself accordingly. I have since come to the realisation that sexuality and gender is a vast continuum, and not a box which sharply divides people. In fact, I now believe that most of us consist of a mixture of the poles most people contain us in. (And here I want to outline the mind shift that came about, in the usage of language. Take for example a &ldquo;description&rdquo; like female; previously I would declare myself as female, whereas now, I will define myself as on the female spectrum. In other words, although I see myself as ultra femme, I do acknowledge my &ldquo;male&rdquo; characteristics as well!)

A very good friend told me one day: &ldquo;Lee, the universe wants you to be of help to the Trans community. You didn&rsquo;t understand it the first time around, so you had a break, and then it came around to you a second time. How many more times do you want this to come round before you are going to listen?&rdquo; Bless her soul! She also knew it was not going to be a path of roses and a success only journey.

Throughout this website you will see, I have already traveled some way on my journey in the Trans world. In this website I will take you to some things I have discovered, both in the UK and in South Africa.

This website will mostly be about South Africa and South African resources, as there is sooooo much to find on the internet, but hardly anything South Africa.

I want to close the huge gap between the need amongst trans folk and the little bit that is known by both professionals and the general public, including friends, family and the LGB community.

Well, here we go &ndash; enjoy the site!

Liesl