

## Gender Identity

"When a child is born, the midwife or doctor looks at the baby's genitals and declares it a boy or a girl accordingly. In most cases, this method of assigning gender at birth fits the person without any problems. However, a person's gender is actually quite complicated and as a result this simple method of assigning gender doesn't always work.

A small number of people find the gender they are assigned does not match their gender identity - that is, their internal sense of where they exist in relation to being boys/men or girls/woman.

A wide variety of terms can be used to describe a person whose gender identity is different from their birth or gender label. In Scotland, it is currently common to use the term transgender people as an 'umbrella term' to cover these many diverse labels. However, it is important not to end up overlooking the huge diversity in identity, experiences and concerns between the various types of transgender people"

From the brochure: "Gender Identity - An information booklet for transgender people in Scotland & their families & their friends".

[Click here to view/download the brochure as pdf.](#)

Inside the booklet:

- Definition
- Tips for friends & family
- Legally changing name and gender
- Medical transition options
- Support groups and organisations