

My Gender Workbook

My Gender Workbook: How to Become a Real Man, a Real Woman, the Real You, or Something Else Entirely

Author: Kate Bornstein

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Gender isn't just about "male" or "female" anymore - if you have any doubts, just turn on your television. RuPaul is as familiar as tomato ketchup with national radio and television shows, and transgendered folk are as common to talk-shows as screaming and yelling. But if the popularization of gender bending is revealing that "male" and "female" aren't enough, where are we supposed to go from here? This workbook aims to provide a practical approach to living with or without a gender. Bornstein starts from the premise that there are not just two genders performed in today's world, but countless genders lumped under the two-gender framework. Using a workbook format, the author guides you to discover your own unique gender identity.

- Buy for R191.16 at kalahari.net (Price as per August 2005)

- Buy at amazon.com

About the Author

Kate Bornstein is the author of *Gender Outlaw* (Routledge, 1994) and co-author of the novel *Nearly Roadkill* (1996). She lives, writes and rehearses her stage work in Seattle. [Reviews](#)

Kate Bornstein's 1994 book of autobiographical theory, *Gender Outlaw*, drew a line in the sand about the whole boy/girl thing. "Who needs it?" America's most active transgender activist questioned. Now, in *My Gender Workbook*, Bornstein has assembled a collage of simple exercises, quizzes, puzzles, and essay questions that systematically break down our ingrained ideas about how women and men - and whoever is in between - should act. Bornstein's breezy, "hey, let's all discover who we might really be" style works to make this potentially threatening material accessible and even intriguing to almost all readers. Just glance down, check out who - or what - you thought you were, and get ready to answer a few questions.

amazon.com

"[T]he most exciting and difficult aspect of *My Gender Workbook* is the way it never relents. It asks a question, then another, then another, answering questions with more questions.... Bornstein never tells us what or where the genderless promised land might be, but by the end of the book you do get the sense that she never describes it because she understands its indescribability so deeply."

Hungry Mind Review - Summer 1998

"[Bornstein's] ideas are both novel and intriguing."

Baltimore Alternative - April 1998

"*My Gender Workbook* may take a leap of faith to crack open, but the charm, wit, and quiet intelligence of its author will almost undoubtedly keep you along for the whole trip. And it is a trip, let me tell you."

The Toronto Star - 2 May 1998

"*My Gender Workbook* [is] the most complete guide to living with or without gender to have been written to date, putting books like *Men are From Mars, Women Are From Venus* squarely where they belong: on Uranus.."

Seattle Gay News